

Personality Development & Human Values



PAPERS CONDUCTED

Online video modules on developing and polishing personality and human values.

Pre-recorded Videos

Pre-recorded videos by the eminent professors and experts which can be watched unlimited times during the subscription period.





24 x 7 Device Friendly, Free Home Access

Are accessible from homes without any extra charge. Just need an internet connection, can be attempted from anywhere, anytime, from hostels, canteen, or even in a moving vehicle.

Unlimited Practical Sheets / Assessments

Unlimited Practical Sheets / Assessments to help students for proper preparations.





Thoroughly Analyzed Results & Records

Complete analyzed results at the end of each attempt, in terms of time, answers for every student, every question. Keeps records of all last attempts, till the chronicles of a particular student is not deleted.

Query Handling

Two way communication system between student and teacher.





Subscription Based Model

Provides subscription based model to make the students proficient.

MODULES

01. PERSONALITY

- 1.1 Definition
- 1.2 Concept
- 1.3 Determinants
- 1.4 Theories
- 1.5 Importance
- 1.6 Traits
- 1.7 Contributors
- 1.8 Dimensions
- 1.9 Types

02. SELF AWARENESS

- 2.1 Meaning
- 2.2 Benefits
- 2.3 Types
- 2.4 Development
- 2.5 Listen to learn

03. SELF ESTEEM

- 3.1 Definition
- 3.2 Symptoms
- 3.3 Advantages
- 3.4 Self Efficacy
- 3.5 Lateral thinking

04. INTERPERSONAL RELATIONSHIP

- 4.1 Definition
- 4.2 Types
- 4.3 Essential Skills
- 4.4 Behaviour

05. LEADERSHIP

- 5.1 Type
- 5.2 Theories
- 5.3 Qualities
- 5.4 Team Work
- 5.5 Overcoming procrastination

06. ATTITUDE

- 6.1 Meaning
- 6.2 Formation
- 6.3 Concept
- 6.4 Significance
- 6.5 Factors
- 6.6 Type
- 6.7 Advantages
- 6.8 Character building

07. COMMUNICATION SKILLS

- 7.1 Definition
- 7.2 Importance
- 7.3 Type
- 7.4 Barriers
- 7.5 Means
- 7.6 Body language
- 7.7 Learning to listen

08. HEALTH MANAGEMENT

- 8.1 Meaning
- 8.2 Healthy Diet
- 8.3 Regular Exercise
- 8.4 Play games
- 8.5 Meditation
- 8.6 Smile improves your face value

09. EMOTIONAL INTELLIGENCE

- 9.1 Significance
- 9.2 Components
- 9.3 Stability
- 9.4 How to improve

10. STRESS MANAGEMENT

- 10.1 Definition
- 10.2 Type
- 10.3 Sources or Causes
- 10.4 Signs
- 10.5 Stress out
- 10.6 Ways and means to control
- 10.7 Change management

11. TIME MANAGEMENT

- 11.1 Tools
- 11.2 Establish priorities
- 11.3 Set goals
- 11.4 Make a schedule
- 11.5 Plan ahead
- 11.6 Have a daily "to do" list
- 11.7 Effectively use waiting time
- 11.8 Schedule breaks
- 11.9 Learn to say "NO" Learn to say "Later"

12. CONFLICT MANAGEMENT

- 12.1 Type
- 12.2 Source
- 12.3 Causes

13. VALUES AND ETHICS

- 13.1 Human Values
- 13.2 Ethics
- 13.3 How to improve

14. GOAL AND MISSION OF LIFE

- 14.1 Goal definition
- 14.2 Mission
- 14.3 Vision of Life
- 14.4 Steps to achieve

15. PRINCIPLES AND PHILOSOPHY

- 15.1 Philosophy
- 15.2 Principles of life
- 15.3 The way we should live

16. SELF-EXPLORATION

17. SELF-SATISFACTION

18. DECISION MAKING

- 18.1 Decision making skills
- 18.2 Problem solving

19. MOTIVATION

- 19.1 Concept of motivation
- 19.2 Significance
- 19.3 Internal and external motives
- 19.4 Importance of self-motivation
- 19.5 Factors leading to de-motivation
- 19.6 Need and Skill of motivation

20. SENSITIVITY

21. SUCCESS

- 21.1 The concept of success and failure
- 21.2 What is success?
- 21.3 Hurdles in achieving success
- 21.4 Overcoming hurdles
- 21.5 Factors responsible for success
- 21.6 What is failure
- 21.7 Causes of failure.

22. SELFLESS SERVICES

- 22.1 Meaning
- 22.2 Benefits

23. BODY, MIND AND SOUL

- 23.1 Body
- 23.2 Mind
- 23.3 Soul
- 23.4 Importance of body, mind and soul
- 23.5 How to balance
- 23.6 Tips to balance

24. ATTACHMENT & DETACHMENT

- 24.1 Attachment
- 24.2 Detachment
- 24.3 Philosophy in different religions
- 24.4 How to achieve detachment

25. SPIRITUALITY QUOTIENT

AI Based English Writing & Improvement Tool

The tool is focused on developing and polishing english language writing, which:



- Helps the user to have a complete word by word suggestive & reasoned analysis with types of errors in written documents.
- Covers grammar, punctuation, sentence formation, and ease of reading errors.
- Wordy Phrases, Choice of Words, Rephrasing Sentences, Formal and Informal Writing errors.
- Incomplete Sentences, Passive Sentences, Adverbs, Cliches errors.
- Query handling in a two-way interaction system.
- 24 X 7 device friendly access.



AI Based Multi Language Pronunciation Tool

The tool is focused on developing and polishing language and pronunciation skills of users, which:

- Helps the user to have a complete word by word pronunciation.
- Covers worldwide 130 + languages including Indian Languages, English, German, Spanish, French, Russian, Japanese etc.
- 700 + AI voice support
- Download option available for the user to listen to audio, practice and improve.
- Query handling in a two-way interaction system.
- 24 X 7 device friendly access.

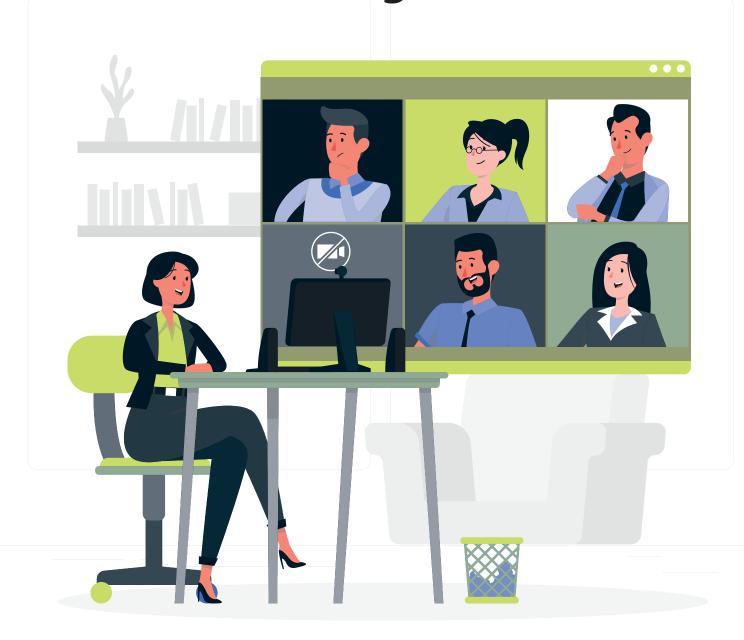




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